

# Affirm Your Fertility

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I WILL NOT OBSESS ABOUT THINGS OUT OF MY CONTROL.

I HAVE COMPLETE CONFIDENCE THAT MY BODY IS WORKING PERFECTLY.

MY EGGS ARE HAPPY TO BE RELEASED DURING MY NEXT OVULATION.

EVERY DAY I BECOME MORE AND MORE CONFIDENT IN MY ABILITY TO HAVE A CHILD.

I AM GRATEFUL FOR THE BLESSINGS I ALREADY HAVE IN MY LIFE.

TODAY I WILL NOT ALLOW STRESS TO OVERTAKE ME.

I RELEASE ALL MY FEARS AROUND AGE AND TIME.

I FULLY TRUST THE UNIVERSE KNOWS WHAT IS BEST FOR ME.

LOVING ENERGY IS ALWAYS SURROUNDING MY WOMB.

I TRULY AND DEEPLY LOVE AND ACCEPT MYSELF.

I TRUST MY BODY.

I AM AN AMAZING MOTHER.

